



ACCESS|BIZA

MIND, BODY & SOUL

Our Team

Yoga

Ayda

Ayda is an inspirational yogi and has received outstanding reviews from her clients. She is committed to helping her yogis technically with their postures, which about being conscious and going into each asana with an open heart.

Her yoga practice is full of grace, she works on mind, body and soul, allowing the energy to flow freely. It is developed from hatha, ashtanga and tantric yoga, as well as regular trips to Asia to deepen her philosophies. Her class is truly holistic and suitable for all levels of yoga.

€110

Holistic Massage & Reiki

Faye

Holistic Massage, Reiki and Spiritual Coaching: Faye relaxes the body and eases away your tension bringing you back into your body, quietening your mind and aligning you with your soul

€95

Reflexology and Indian Head Massage

Emma Louise

Reflexology and Indian Head Massage: Emma can tell you about your health and wellness by how your feet feel and help to relieve conditions through massaging the feet. She also teaches and practices Indian Head Massage a very soothing and relaxing treatment for the scalp.

€60

Reflexology and Holistic Massage

Ruth

Ruth lights up Ibiza with her big heart and big smile and is dedicated to her energy and massage work here on the island. She knows the body really well and can help to move you into a place of being that feels more aligned with your body template. Ruth puts you at ease immediately and makes you feel wrapped up in a blanket

€90 30 mins €130 60 mins

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Shamanic Healing

Ayda & Simon

Energetic healing (channeling) from brazilian shamans. We embrace your inner child. To recognize the causes of problems and blockages and to transform them. To heal the injured parts of the soul on all levels. The aim of the work is to convert sadness, old conditions, trauma, depression, illness, etc. into a harmonious positive energy. We can help you to realign your body & soul.

€200

Tarot

Tara

She reads the cards. The cards she uses are positive and give a reading of where you are right now and what needs to be done in order to walk your path. She does not predict the future, she guides you to know yourself and uses energy healing practices, including sacred geometry to harmonise your pathway further. She lives in Ibiza.

€40

Aura Reading

Irinia

Aura Reading with reiki and re-connective dance: Irinia reads your aura, connecting you with your higher self. She also teaches connection with your mind, body and soul through dance workshops.

€95

Vibrational Healing

Georgina

Vibrational Healing; diagnosing the body for illness or disease and working with the body's vibrational output to realign and cure many health issues. Georgina uses a dowsing crystal in her work, which is very powerful.

€150



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Holistic Facial

Marion

So much more than just a facial, this is a totally holistic experience of mind, body and skin using natural and organic products. It starts with a meditation sequence and healing to fully immerse client into a state of total relaxation. The skin is then triple cleansed before exfoliating. The unique massage of the shoulders, neck, face and shoulders uses firm pressure, acupressure and lymphatic drainage which releases tension, tones muscles and removes toxins. Hydrating and feeding your skin with super proteins, this facial will leave you with a profound sense of well-being and incredible looking skin.

€150

Astrology

Becky

Rebecca reads your birth chart for you, giving you a life reading or a love reading that is literally written in your stars. It helps you to make sense of your life and who you are as a person.

€60

Acupuncture

Ross

Ross is an expert in Chinese medicine and practices acupuncture for the body and Zen meditation for the mind. He uses Acupuncture to release areas of physical pain and tension, regulate the digestive, menstrual and sleep cycles, and provide relief from feelings of stress, anxiety and depression.

€80



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Nikki

Nikki provides heavenly beauty treatments including pedicures, manicures and facials.

Price List

Massage Therapy

We offer a range of massage all designed to reduce physical tensions and relax the body to soothe away stress and free the mind.

Swedish or Aromatherapy	30mins	€50.00
60mins		€80.00
Indian Head	40mins	€60.00
Refl exology	30mins	€50.00
	60mins	€80.00
Reiki	30mins	€50.00
	60mins	€80.00

Facial Therapy

At Beautiful Ibiza all our relaxing and revitalising Facial Treatments are personalised to treat individual skin types. Working with the client we can treat particular concerns and our therapies will provide relief for dry, oily and sensitive skin types.

The Exclusive GM Collin Deluxe Facial	60mins	€75.00
The GM Collin Express Facial	30mins	€50.00

Waxing / Tinting

Full Leg Wax	€60.00
Half Leg Wax	€40.00
Bikini Wax	€40.00
Underarm Wax	€30.00
Facial Wax	€25.00
Eyebrow Wax	€30.00
Eyelash Tint	€30.00
Eyebrow Tint	€30.00
Hair & Make-Up	Price on request

Nail Therapy

Relaxing, luxurious therapy for the hands and the feet.

Manicure	€55.00
Pedicure	€60.00

When reserving treatments please call a minimum of 3 hours in advance.

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